



# FAMILY, FRIEND AND NEIGHBOR CONNECTION

June  
2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b>	<b>2</b> NdCAD * Free Books and So <u>MUCH</u> More 12-2:00 PM 655 Fairview Ave 651-209-3355
<b>3</b> Donut Day Egg Day National Headache Awareness week	<b>4</b> <u>Play &amp; Learn</u> Rondo Com. Lib. 461 N Dale St. 10:30-12pm	<b>5</b> <u>Play &amp; Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	<b>6</b> <u>Play and learn</u> Jewish Commu- nity Center 1375 St Paul Ave 10-11:30 am	<b>7</b> National Chocolate Ice Cream Day	<b>8</b> Best Friend Day	<b>9</b> Hamline Midway Play and Learn 1558 W Minnehaha 10:30-12pm
<b>10</b>	<b>11</b>	<b>12</b> <u>Play &amp; Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	<b>13</b> • <u>Play &amp; Learn</u> North Dale Recreation Center 1414 St Albans 9:00—11:00 am	<b>14</b> Flag Day	<b>15</b> Family Fun Night Living Word Church* 7PM –10PM <u>Free</u> 655 Fairview Ave	<b>16</b> NdCAD * Free Books and So <u>MUCH</u> More 12-2:00 PM 655 Fairview Ave 651-209-3355
<b>17</b>	<b>18</b> Understanding Autism 7-9pm RCC	<b>19</b> <u>Play &amp; Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	<b>20</b> Play and learn Jewish Commu- nity Center 1375 St Paul Ave 10-11:30 am	<b>21</b>	<b>22</b>	<b>23</b> NdCAD * Free Books and So <u>MUCH</u> More 12-2:00 PM 655 Fairview Ave 651-209-3355
<b>24</b>	<b>25</b>	<b>26</b> <u>Play &amp; Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	<b>27</b> <u>Play &amp; Learn</u> North Dale Recreation Center 1414 St Albans 9:00— 11:00 am  Toilet Training Class 6:45-9:15 RCC	<b>28</b>	<b>29</b>	<b>30</b> NdCAD * Free Books and So <u>MUCH</u> More 12-2:00 PM 655 Fairview Ave 651-209-3355

**Did You Know?** NdCAD offers LIFE CHANGING programs and services that help shape the children you care for future.

NdCAD  
**Network for the Development of Children of African Descent**  
**FREE CHILDREN'S BOOKS & SO MUCH MORE**  
 Reading Instruction Program  
 Parent Power Training Workshops (Also, good for providers and teachers)  
 Advocacy Training  
 Provider/Teacher Training programs  
 For more information call 651-209-3355 or 612-588-2244

## *Training Information*

The following are some of the classes. Offered by Resources for Child Caring that you may enjoy as a caregiver. For more information on other training opportunities, in class or online, or location of classes please contact **Theresa Fountain 651-641-6610**.

Reducing the Risk of SIDS and Shaken Baby Syndrome– July 19th -7-9pm or Mon. August 13th 7-9(RCC)  
Emergency Response– Tues. June 12 & Thurs. *June 14th* Tues. *June 19th* 6:30-9:30pm or Saturday, July 7th & 14th 9:30-2:00 pm American Red Cross, 176 South Robert Street  
Infant/Child CPR Sat. *August 18th* am—3:30pm —American Red Cross ,176 S Robert St.  
Toilet Training Wed. June 27th 6:45– 9:15pm @ Resources for Child Caring

## GRANTS

*Resources for Child Caring is looking for Family, Friend and Neighbor child care providers. Who is a FFN provider? They are a non licensed care giver who is caring for a family member or a friends or neighbors child, paid or unpaid care. Providing care any where from 3 to 40 hours a week.*  
*Grants for learning material, safety, CPR & First Aid classes, other health and safety classes, books and educational toys are some of the examples of items that can be purchase with your grant. If you are caring for children ages 0 to school age and would like to learn more of the resources available to you call Theresa Fountain 651-641-6610 for Ramsey County.*

## CHILDREN ACTIVITIES Making Smoothies

### **Items needed:**

**Ice, Blender, Juice, frozen or fresh Blueberries or strawberries, 1 Cup Vanilla soy milk or 2% milk, 1/2 tsp vanilla, cinnamon  
Bananas cups, spoons**

**Place berries& bananas in blender  
Add soy drink or milk, vanilla and cinnamon  
Blend until smooth  
Serve immediately**

**Allow children to pick the different fruits they would like in their smoothie and place them in their cup. Assist children with the use of the blender and allow them to tell you what their smoothie taste like. Ask them questions about the color and how it smells. Maybe you could do a poll on the answers that the children give.**