








Family, Friend and Neighbor Connection

July 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  1 Canada Day	2 Bookmobile 7/2,7/16,7/30 Wilson Hi-Rise 1230- 1:30pm Pathways On the Park 2-3pm Liberty Plaza 4-5:30pm	3 <u>Play & Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	4 Happy Independence Day 	5	6	7 Arlington Library Play and Learn
8	9 National Sugar Cookie Day 	10 <u>Play & Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	11 <u>Play & Learn</u> North Dale Recreation Center 1414 St Albans 9:00— 11:00 am Cheer Up the Lonely Day	12	13 Bookmobile 825 Seal 11:30- 12:30pm 280 Ravoux 1-2pm Dunedin Terrace Ada & Winifred 3:30- 5pm	14 Hamline Midway Play and Learn 1558 W Minnehaha 10:30-12pm <u>NdCAD</u> * 12-2pm Free Books
15	16 Eye Injury Prevention Month 	17 <u>Play & Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	18 Play and learn Jewish Community Center 1375 St Paul Ave 10-11:30 am	19	20 Family Fun Night Living Word Church* 7PM -10PM Free 655 Fairview Ave	21 <u>NdCAD</u> * Free Books and So MUCH More 12-2:00 PM 655 Fairview Ave 651-209-3355
22	23 Bookmobile 7/9 & 7/23 <u>Valley Apartments</u> 261 University 1-2pm <u>McDonough Homes</u> 2:30-5:30 1544 Timberlake	24 <u>Play & Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm Parent Day*	25 <u>Play & Learn</u> North Dale Recreation Center 1414 St Albans 9:00— 11:00 am	26 National Salad Week 	27	28 <u>NdCAD</u> * Free Books and So MUCH More 12-2:00 PM 655 Fairview Ave 651-209-3355
29	30 National Cheesecake Day	31 <u>Play & Learn</u> Sun Ray Library 2105 Wilson Ave 10:30-12pm	Bookmobile N. Dale Rec. Center 7/11 & 7/25 9:30-10:30am Hamline Hi-Rise 11-12pm MLK 270 Kent 7/18 10:30-12:30pm 7/18 225 Frank-2:30-3:30pm	7/18 Ice Cream Month 	7/7 Father & Daughter Take a Walk Together Day 	For more information on the Bookmobile call (651) 266-7450

Did You Know? TORNADO DRILL DAY SHOULD BE CELEBRATED EVERY MONTH?

EVERY HOME SHOULD HAVE PLAN

- There should be a pre-designated place that you will go in case of a tornado.
- If an underground shelter is not available move, to an interior room or hall way on the lowest floor.
- If in a car go into a safe place.
- DO NOT TRY to out run a tornado.
- Stay away from windows
- Have a set day that you all have a tornado drill and allow children to help in the planning so they are familiar with what to do.

The following are some of the classes. Offered by Resources for Child Caring that you may enjoy as a caregiver. For more information on other training opportunities, in class or online, or location of classes please contact Theresa Fountain 651-641-6610.

Reducing the Risk of SIDS and Shaken Baby Syndrome– July 19th -7-9pm or Mon. August 13th 7-9(RCC)
Emergency Response– Saturday, July 7th & 14th 9:30-2:00 pm Saturday, August 4th & 11th American Red Cross, 176 South Robert Street
Infant/Child CPR Sat. August 18th am—3:30pm —American Red Cross ,176 S Robert St.
Snacking through the ABCs– Wednesday, July 25th,7-9 pm at RCC- 10 Yorkton Court
Healthy What? Eating Food, & Nutrition -Wednesday, July 18th 7-9:00 pm at RCC

GRANTS

Resources for Child Caring is looking for Family, Friend and Neighbor child care providers. Who is a FFN provider? They are a non licensed care giver who is caring for a family member or a friends or neighbors child, paid or unpaid care. Providing care any where from 3 to 40 hours a week.
Grants for learning material, safety, CPR & First Aid classes, other health and safety classes, books and educational toys are some of the examples of items that can be purchase with your grant. If you are caring for children ages 0 to school age and would like to learn more of the resources available to you call Theresa Fountain 651-641-6610 for Ramsey County.

CHILDREN ACTIVITIES

Frozen Fruit

- 2 Cans of frozen juice (1orange, 1 pineapple)
- 1 Cup water
- 1 Cup sugar
- 2 Tbsp. Lemon juice
- 3 Medium bananas, cut
- 1 Package frozen strawberries
- 1 Can mandarin oranges
- 1 Can crushed pineapples
- 17 Cups (As many that are needed.)



bowl, combine fruit. Add 1/2 cup of fruit into each cup, then pour liquid into each cup, place cups in freezer. Remove from the freezer 40-50 minutes before serving. (17 Servings)



Fix juice according to what the can says. Mix in large bowl, Add orange juice, water, sugar, and lemon juice. In another